

THE HOLY EUCHARIST IN THE SEASON OF LENT

THE GATHERING

Priest: In the Name of the Father, and of the Son, and of the Holy Spirit

People: Amen

Priest The Lord be with you

People: And also with you

❖ PRAYER OF PREPARATION

Then may be said by all the Prayer of Preparation (also known as the Collect for Purity)

**Almighty God, to whom all hearts are open, all desires known,
and from whom no secrets are hidden:
cleanse the thoughts of our hearts by the inspiration of Your Holy Spirit,
that we may perfectly love You and worthily magnify Your Holy name;
through Christ our Lord. Amen**

❖ PRAYER OF PENITENCE

The Priest invites the people to Confession with the words below or a seasonal invitation to Confession

***God so loved the world that He gave His only Son Jesus Christ to save us from our sins,
to be our advocate in heaven, and to bring us to eternal life.***

***Let us confess our sins in Penitence and faith,
firmly resolved to keep God's commandments and to live in love and peace with all.***

After a pause to meditate and reflect, all say together:

**Almighty God, our heavenly Father,
we have sinned against You and against our neighbour in thought and word and deed.
through negligence, through weakness, through our own deliberate fault.
We are truly sorry and repent of all our sins.
For the sake of Your Son Jesus Christ, who died for us,
forgive us all that is past and grant that we may serve You in newness of life
to the glory of Your name. Amen**

The Priest offers God's promise of pardon with these or similar words:

***Almighty God, who forgives the sins of all who truly repent,
have mercy upon you, pardon and deliver you from all your sins
confirm and strengthen you in all goodness
and keep you in life eternal through Jesus Christ our Lord.***

People: Amen

❖ THE KYRIE ELEISON

Priest: Lord have mercy

People: Lord have mercy

Priest: Christ have mercy

People: Christ have mercy

Priest: Lord have mercy

People: Lord have mercy

❖ THE COLLECT OF THE DAY

The Collect appointed for this day is said after which all respond:

People: Amen

THE LITURGY OF THE WORD

READINGS FROM HOLY SCRIPTURE

*At the end of each reading the reader says:
This is the word of the Lord*

People: Thanks be to God

❖ *A Psalm may be said*

GOSPEL READING

*The Priest announces the Gospel
Hear the Holy Gospel of our Lord Jesus Christ according to...*

People: Glory to You, O Lord

*After the Gospel reading the Priest say:
This is the Gospel of the Lord*

People: Praise to You, O Christ

SERMON

THE NICENE CREED

We believe in one God, the Father, the almighty, maker of heaven and earth of all that is, seen and unseen.

We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father God from God, Light from Light, true God from true God, Begotten, not made, of one Being with the Father; through Him all things were made. For us and for our salvation He came down from heaven, was incarnate from the Holy Spirit and the Virgin Mary and was made man. For our sake He was crucified under Pontius Pilate; He suffered death and was buried. On the third day He rose again in accordance with the Scriptures; He ascended into heaven and is seated at the right hand of the Father He will come again in glory to judge the living and the dead, and His kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son, who with the Father and the Son is worshipped and glorified who has spoken through the prophets. We believe in one holy catholic and apostolic Church. We acknowledge one baptism for the forgiveness of sins. We look for the resurrection from the dead, and the life of the world to come. Amen.

PRAYERS OF INTERCESSION

We pray for the Church and for the world

This form of response may be used:

Intecessor: Lord in Your mercy

People: Hear our prayer

At the end, all may say together:

Merciful Father, accept these prayer for the sake of Your Son, our Saviour Jesus Christ. Amen.

THE LITURGY OF THE SACRAMENT

The opening verses and responses may be sung or said

Priest: The Lord be with you

People: And also with you

Priest Lift up your hearts

People: We lift them to the Lord

Priest Let us give thanks to the Lord our God

People: It is right to give thanks and praise

Then priest continues with the Proper Preface.

Then we say together:

**Holy, Holy, Holy Lord
God of power and might
Heaven and earth are full of Your glory.
Hosanna in the highest
Blessed is He who comes in the name of the Lord
Hosanna in the highest.**

Please kneel or sit for the Prayer of Consecration

The Priest continues with one of the forms of the Prayer of Consecration as appointed

After the Words of Institution (the words that Jesus said as He gave the bread and wine to the disciples)

The Priest says: Great is the mystery of faith

People: Christ has died

Christ is risen

Christ will come again

The Priest continues the Eucharistic Prayer

The Eucharistic Prayer concludes with these or similar words

...By whom, and with whom, and in whom

In the unity of the Holy Spirit,

All honour and glory is Yours, Almighty Father,

now and for ever

People: AMEN

Priest: And now as our Saviour Christ has taught us so we pray

Our Father, who art in heaven, hallowed by Thy name; Thy kingdom come; Thy will be done; on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation; but deliver us from evil. For Thine is the kingdom, the power and the glory, for ever and ever. Amen.

Priest: We break this bread to share in the body of Christ.

**People: Though we are many, we are one body,
Because by the Holy Spirit we all share in one bread.**

**All say: O Lamb of God, who takes away the sins of the world
Have mercy upon us (Repeat 2 times)**

**O Lamb of God, who takes away the sins of the world
Have mercy upon us (Repeat 2 times)**

**O Lamb of God who takes away the sins of the world
Grant us peace.**

THE COMMUNION

The Priest gives the invitation to communion with these or similar words:

These are God's holy gifts for God's holy people

**People: Jesus Christ is holy, Jesus Christ is Lord,
To the glory of God the Father**

Then may be said the following prayer (known as The Prayer of Humble Access)

We do not presume to come to this Your table, merciful Lord, trusting in our own righteousness, but in Your manifold and great mercies. We are not worthy so much as to gather up the crumbs under Your table. But You are the same Lord whose nature is always to have mercy. Grant us therefore, gracious Lord, so to eat the flesh of Your dear Son Jesus Christ and to drink His blood, that our sinful bodies may be made clean by His body and our souls washed through His most precious blood, and that we may evermore dwell in Him and He in us. Amen.

The Body and Blood of Christ are received symbolically by the Priest for all the people.

SPIRITUAL COMMUNION OF THE PEOPLE OF GOD

During this time National Emergency when we are unable to come together in one place, the people are invited to make a spiritual communion. By your yearning and desire to be present with Christ in this Sacrament, you are joined with Him in the Holy Communion He promised to His people.

You may find this prayer to be helpful:

Grant, O Lord Jesus Christ, that as the hem of Your garment, touched in faith, healed the woman who could not touch Your Body, so may the soul of this Your servant be healed and renewed by such trust and faith in You. Although I cannot receive the substance of Your Body and Blood now, by Your tender mercy, feed my soul by Your very presence with me at this time and always.

POST COMMUNION

The appointed Prayer after Communion for this Sunday is said by the Priest,

Then together we pray:

Almighty God, we thank You for feeding us with the body and blood of Your Son Jesus Christ. Through Him we offer You our souls and bodies to be a living sacrifice. Send us out in the power of Your Spirit to live and work to Your praise and glory. Amen

The Priest pronounces the Blessing of God over the People

The Peace of God, which passes all understanding, keep your hearts and minds in the knowledge and love of God, and of His Son Jesus Christ our Lord; and the blessing of God almighty, God the Father, God the Son, and God the Holy Spirit, be among you and remain with you always.

All Amen

The Priest then dismisses the people to take their Faith and the love of God into the world

Priest: Go in Peace to love and serve the Lord

Response: Thanks be to God